

# **4 Gateways Coaching Certification Training for 2011**

## **Evoking Soul Wisdom**



**Enrolling now for the Fall 2010 - Spring 2011**

**This comprehensive program includes 3 weekend intensives, tele-seminars, mentor calls, structured practice sessions and post training support.**

**(Limited to 8 participants!)**

What makes **4 Gateways Soul Wisdom Coaching** and **this Training** unique?

**4 Gateways to Soul Wisdom is a simple and effective means for generating transformative experiences for anyone, anytime, anywhere.**

This **4 Gateways** model creates new possibilities in the moment and provides opportunities to try them out. In the end, you determine how to bring new awarenesses into your inner life, your relationships, your career, and the world.

**4 Gateways** is a powerful, experiential process for addressing an enormous variety of issues in one's life. The model views both our inner and outer life as a source of learning and discovery.

The **4 Gateways** process asks you to step out of your conditioned way of seeing things and to view any issue from four different soul perspectives. All

that you think, feel, do, and know deeply comes alive as a potential resource in dealing with almost any problem.

**4 Gateways** process teaches you how to: define an issue, get new perspectives, assess the risks to change, make deeper connections, find deeper meaning, and create soulful resolutions for yourself and clients.

For those willing to take the risk, the most liberating and healing thing any of us can do is own our own shadows (those parts of ourselves we project onto others that we don't like about ourselves.) In this process you will come to trust those shadows as amazing resources.

Our certified coaches have found the 4 Gateways Coaching model easy to access and incredibly valuable in working with individual clients and with groups. We use it to co-coach one another and also find it invaluable when used as a personal meditation process.

One of the best things about **4 Gateways Coaching** is that it keeps deepening in power as you add your personal awareness in each quadrant.

**I hope you can join me for this exciting collaborative learning experience.**

### **Benefits of this Training program for you and your clients-**

- \* Learn how to turn any problem into a creative opportunity**
- \* Discover how to make resistance and projection into allies**
- \* Quickly and skillfully work with conflicts**
- \* Make powerful choices based on your deepest appreciation for who you are**
- \* Shift old patterns by tapping into soul wisdom at all four fundamental levels**
- \* Learn to set clear boundaries so you can say yes to what really matters**
- \* Access joy and compassion by working deeply within yourself and with others**

## **Structure of the Training - Dates & Times-**

### **Part 1 (May be taken as a stand alone program.)**

**Learning the basic model & philosophy. You will leave with a clear understanding of the basic skill set and be able to use it for yourself and others. We will focus on self-care.**

**Dec 3-5, 2010 OR Jan 14-16, 2011**

(Part 1 may also be taken privately with Tom, Jude, or Seth beginning in fall 2010. Contact them for more information.)

### **Part 2**

**Anchoring the model internally. Continued exploration of how the archetypes live in you. Recognizing identity wounds and how to work with them. Working with resistance using voice dialogue and risk management. Monitoring yourself, staying focused, and timing of sessions. We will focus on personal awareness.**

**Mar 11-13, 2011**

### **Part 3**

**Integration & Applications. You will find your unique style and niche and be able to integrate this model with other coaching modalities. Exploration of how the model can be used with couples, teams and small groups. Short cuts and cutting edges using the model. We will focus on Courts of Support for you and your clients.**

**April 29 - May 1, 2011**

**Each intensive runs from 9AM Friday morning thru Sunday noon with lunch and evening breaks each day.**

## **Tuition and payment options -**

**Tuition for the Training is \$2,400.**

### **Early registration discounts-**

**\$2100 (If \$300 deposit is received 3 months before start date.)**

**\$2200 (If \$300 deposit is received 2 months before start date.)**

Time payment plans are available.

Part 1 may be taken as a stand alone Program for \$750.

This Training is **limited to 8 participants**. Please register as soon as possible to assure your participation and get the biggest discount.

**To register and make your deposit, go to**

**<http://www.livingartsfoundation.com/contact.html>**

**Click on the Paypal button and enter your payment.**

### **Location-**

Boulder, CO - For those coming from out of state, we will provide a list of

accommodations. Participants of previous Trainings may be able provide lodging options.

For additional information, please contact Tom at

303-530-3337 or

[tom@livingartsfoundation.com](mailto:tom@livingartsfoundation.com)

### **Faculty-**

**Tom Daly, Ph.D.** is a personal and professional development coach with over 35 years experience in human transformation. He is the founder of 4 Gateways Coaching. He lives in Boulder with his wife, Jude Blitz, and together they are the directors of the Living Arts Foundation, which fosters artful, soulful, and sustainable living. Tom is also co-founder of the Men's Leadership Alliance, [www.MensLeadershipAlliance.org](http://www.MensLeadershipAlliance.org). and is a proud father, stepfather, and grandfather.

**Jude Blitz, M.A.** has been involved in 4 Gateways Coaching since its inception. She is a mentor for the program. [jude@livingartsfoundation.com](mailto:jude@livingartsfoundation.com)

**Seth Braun** is a certified teacher of 4 Gateways and has taught the certification program with Tom. He is available to teach Part 1 of the Training to individual students. [seth@highenergyhealthcounselor.com](mailto:seth@highenergyhealthcounselor.com)